

**Job Title:** Registered Dietitian, Outpatient Nutrition Counseling, Remote, Full-Time

**Location:** Remote, located in Maryland, Washington DC, Virginia area

**Job Type:** Full-Time, 40 hours and ability to work evenings twice a week; or part time with some evening availability

**Job Summary:**

Potomac Nutrition is a small group nutrition counseling practice where the patient is the expert in their needs and lifestyle. Together the patient and the dietitian collaborate to discover the optimal approach to developing healthy habits for their wellbeing.

Potomac Nutrition is seeking a dedicated and skilled Registered Dietitian to provide expert nutrition counseling in a remote, outpatient setting. The dietitian will deliver individualized care, helping clients manage chronic diseases, improve overall health, and adopt sustainable nutrition practices. This position involves working closely with patients of diverse backgrounds to assess how nutrition can support health concerns and patient goals. This job is open to either full or part time.

Full time, 40 hours/week, is expected to spend a minimum of 22 hours per week delivering patient care.

Part time, minimum of 11 hours per week delivering patient care.

**Qualifications:**

- Bachelor's or Master's degree in Nutrition or Dietetics.
- Registered Dietitian Nutritionist (RDN) credential from the Commission on Dietetic Registration.
- State licensure or certification for Maryland and Washington D.C.; or plan to obtain for position.
- RD must be located in Maryland.

**Preferred Skills:**

- A minimum of 2 years prior experience in nutrition counseling strongly preferred.
- Strong communication and interpersonal skills, demonstrating curiosity and empathy in patient appointments.
- Experience using motivational interviewing and behavior change strategies.
- Ability to work independently, manage patient relationships, and retain a full-time schedule.
- Experience counseling a variety of conditions including weight management; chronic illness, body image; endocrine disorders such diabetes, thyroid disease, etc.; cardiovascular health; gastrointestinal conditions; sports nutrition; disordered eating and eating disorders; women's health including PCOS (polycystic ovary syndrome), endometriosis, menopause, perinatal nutrition; or other nutrition related topics.
- Multilingual abilities are a plus.

**Key Responsibilities:**

- Provide individualized, evidence based nutrition counseling in a remote outpatient setting.
- Utilize motivational interviewing and patient centered counseling approaches.
- Maintain accurate, timely clinical documentation in accordance with practice and insurance requirements.
- Manage a consistent patient caseload and maintain scheduled availability
- Communicate professionally with patients.
- Collaborate with team members and participate in required meetings and trainings.

**Benefits:**

- Competitive salary and benefits package (full time)
- Opportunities for professional development and continuing education
- Flexible work schedule
- Supportive, collaborative team culture

**How to Apply:**

Please indicate interest in full or part time and send the following to

[akepler@potomacnutrition.com](mailto:akepler@potomacnutrition.com):

- Cover letter
- Resume
- 3 references